



Times

An official publication of the Milford Fire Department

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Mission Statement:

The mission of the Milford Fire Department is to safeguard the citizens and visitors of our community by providing high quality fire suppression, technical rescue, fire prevention and public education services. We shall make every effort to maintain a responsive and well trained fire-fighting force capable of handling structure fires, hazardous materials, technical rescue, extreme weather events and mitigating emergency situations presented to us. These efforts are combined with a proficient and proactive fire prevention program to include public education, code enforcement and systems engineering.

The Holidays: by Chief Fraitz!

As I sit here thinking of what to write in this column, I keep coming back to the same idea: *"What a great organization this is!"* I don't know of any other fire department in the State that handles as many calls as we do with an all call department. You not only respond to a call, but handle that call in a highly skilled, competent and professional manner. Amherst Selectman George Infanti said it best; *"Milford should be very proud of their firefighters"*



I want to thank you for your support, commitment, and dedication to the community. As Chief, my wish for you is to spend the holiday at home with your family and not at the firehouse or an incident.

My family and I are happy to be a part of the Milford fire family, and it is our sincere hope that each and every one of you has a joyous, happy and safe holiday season. As we celebrate this holiday season, we should remember to take the time to share the wonderful spirit with family and friends. We should also take a moment to remember and pray for the men and women who serve in our armed services and will be away from their families as they protect our liberty and freedom.

From our family to yours.

Happy Holidays



Enlightened Perspectives:

"I've learnt.... That just one person saying to me, You've made my day! Makes my day."
Andy Rooney



16 FF Life Safety Initiatives

Here is the eighth of the sixteen initiatives:

Utilize available technology wherever it can produce higher levels of health and safety.

Stay Safe and Stay Tuned

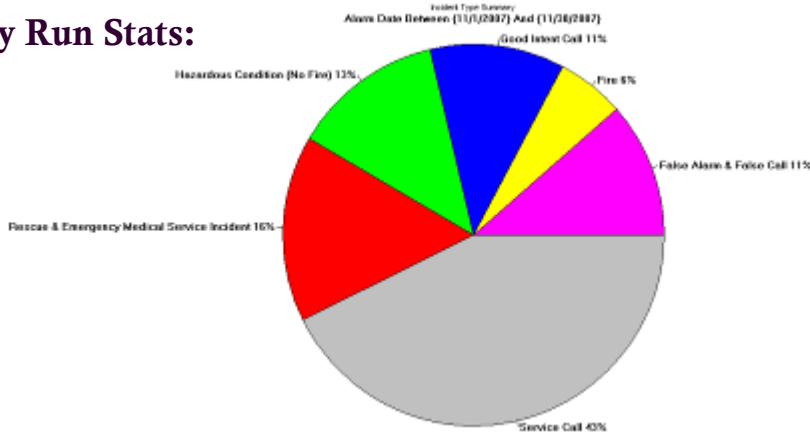
Thank you Ladder Company

A special thank you to Capt. Kincaid, Lt. Solan and FFs Ibarra, Charest, and Brooks for donating their time on Sunday morning November 25th, to assist the Lions Club with decorating the Oval and Town Hall.

This may seem like an insignificant thing, however it speaks volumes to the image that we have within the community. It also is a great example of "Serving our Community with Pride"

The Oval certainly has the Holiday Spirit...

Monthly Run Stats:



Interesting Tidbits

Albert Einstein had a smaller than average size brain

The Month for Mutual Aid Payback:

Well, November certainly brought several opportunities to pay back some debts to our mutual aid neighbors. We even went to New Boston for the first time. As usual, we aided our neighbors' with the utmost professionalism and aggressiveness. Upon returning to from Vermont,



Crews rehab after knock down in Wilton



Ladder 1 working at the 3rd alarm in Amherst

Wiltons' Chief Dick called me to offer his thanks and appreciation for the aggressive attack that Engines 3 & 4 made on the Barry Court fire. Likewise, Chief Todd was very grateful for the assistance that E2, L1, C2 and C1 provided for the fire on Amherst Street. We also received a letter of thanks from Chief McDonald in New Boston for the station coverage the E1, E4 and C2 provided during their recent barn fire. AC Kelly made an interesting comment

last week. "This year I've been to two places that we (mfd) never went before." in reference to recent mutual aid calls to Peterborough and New Boston.

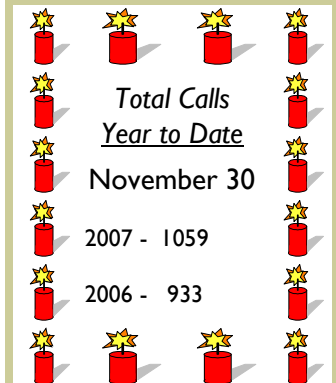
"Serving our Community with Pride"

Chaplains Corner: by: Kyn Gdanian M.F.D. Chaplain

An important way of taking care of your self is by cultivating fitness. Fitness is defined as suitability, or adaptation, as the fitness of things to their use. It seems like we are living in a time when everyone is talking about fitness, and what to do can be confusing. Over the next few months I would like to focus on a few simple principles that may prove to be very helpful.

First, when considering fitness, we must look at it holistically if we want to be effective. We are made up of spirit, soul, and body. Our **body** is the window to the world around us. Our five senses: sight, smell, hearing, taste, and touch help our soul process what we physically experience. Our **soul** is made up of our mind (the way we think), our emotions (the way we feel), and our personality (the way we act). Our **spirit** is the window into eternity and our conscience helps us process what comes from eternity. What I would like to do over time is take each of these areas and give some creative ideas for keeping all of who we are fit.

Serving with you
Kyn Gdanian
Chaplain MFD





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We are on the Web
<http://fire.milfordnh.info/>

December Birthdays

- 15th - FF Esposito
- 31st - Lt. Cobb

We wish you both a very
Happy Birthday!

Special points of interest:

- 12/8 Call FF Ability Testing Help is needed.
- 12/9 Santa and Mrs. Claus Sleigh (LI) ride to Town Hall 12:00pm
- 12/14 Annual Appreciation night. VFW 1800
- 12/19 Employee Luncheon 12 - 2

**MEFA
Relief Raffle**

November Winners:

- \$100 - Chris McNeil
- \$50 - Marc Laurendeau
- \$25 - Abigail Jarry

Personnel Changes:

Best wishes and good luck to FF Luke Wiggin. Luke has resigned as he and his family have purchased a home in Mason. Thank you for your time and good luck.

Congratulations:

⇒ FF Shepard and Brooks, completed the Local Government Centers CDL class.

Noteworthy Items:

- ◆ The skid unit has been removed from Forestry 2 to allow more efficient use of the vehicle during the winter months
- ◆ Help is needed for the Physical Ability Exam on Dec 8th at 08:00.
- ◆ The Town will be hosting a Holiday Appreciation Luncheon on Wednesday Dec. 19th 12 - 2. Please return your RSVP to Joyce no later than Wednesday 12/5.
- ◆ Please take a moment to check out our web site, there have been many changes as we take on a new look and add more content. Check back regularly for updates.
- ◆ Firefighter 2 program starts January 31st.
- ◆ Firefighters are serving lunch at Heron Pond Thursday 12/20.
- ◆ Thank you to all that attended the memorial service for Dean and Duane Chappells' grand-

Highlights of the Month:

